

café Roux

speciality coffees

all our coffees are made by trained barristas

filter coffee	R9
americano (the real filter coffee)	R12/R15
cappuccino	R15/R18
cappuccino con panna - with whipped cream	R16/R19
espresso	R12/R15
macchiato – espresso with frothed milk	R13
meia de leite – espresso with steamed milk	R15/R18
latte	R15/R18
mocha – espresso, milk, cocoa & chocolate	R17

tea

ceylon, rooibos, peppermint, camomile, green tea	R10
english breakfast & earl grey tea	R10
chai tea (powdered)	R16
red (rooibos) cappuccino	R16

hot beverages

hot chocolate	R16
milo	R16
horlicks	R16

baby chino (frothed milk served in an espresso cup)	R4
---	----

cold beverages

sparkling water – 500ml	R12
sparkling water – 1 litre	R20
still water 500ml	R12
still water 1.5 litre	R25
fruit juice – orange, mango, apple, mixed berry, tropical	R15
lipton iced tea – peach, lemon	R16
tomato juice	R15
rock shandy	R20
bos organic rooibos iced tea – apple, lemon, peach	R20
bos organic rooibos iced tea – slimmers, energy	R24

milkshakes & smoothies

milo milkshake	R26
chocolate, strawberry & vanilla milkshakes	R25
frappachino – espresso with ice & ice cream	R26
breakfast smoothie – banana, wheatgerm, honey & yoghurt	R30

irish coffee	R29
dom pedro	R29

* cafe roux is available for private functions in the evenings
* subscribe to www.caferoux.co.za for upcoming events & parties

café Roux

breakfast

served from 8.30am till 11am

summer fruit & low fat Bulgarian yoghurt

add homemade honey-toasted muesli (wheat- & sugar-free)	R41 R8
---	-----------

fresh bircher muesli

whole rolled oats & cinnamon with low-fat Bulgarian yoghurt & grated apple topped with fruit	R42
--	-----

grilled bacon croissant

with melting mozzarella, tomato relish & rocket	R60
---	-----

eggs Benedict

two poached eggs & hollandaise sauce on a courgette-and-potato rosti with bacon	R59
OR smoked salmon	R63

farmer's omelette

stuffed with grilled mushrooms, mature cheddar, tomatoes & bacon (served with toast)	R59
--	-----

our famous earl's all-day breakfast

two eggs (fried, poached or scrambled), bacon, pork sausage & rocket on toasted ciabatta with a mildly spiced Asian sauce	R64
---	-----

vegetarian breakfast sandwich

two eggs (fried, poached or scrambled), grilled mushrooms, wilted spinach & Asian sauce on toasted seed loaf OR 100% rye	R56
--	-----

café Roux full breakfast

two eggs (fried, poached or scrambled) with bacon, grilled tomato, pork sausage, sautéed mushrooms & toast	R59
--	-----

french toast

fried banana, homemade berry coulis & syrup	R42
add bacon	R10

breakfast smoothie

banana, wheatgerm, honey & low fat yoghurt	R30
--	-----

selection of homemade cakes, tarts, giant scones & muffins

ask for our selection, baked in-house daily

*all our croissants, seed loaf, 100% wheat-free rye & ciabatta are freshly baked at The Foodbarn
* 10% service charge for tables of six or more

café Roux

lunch

served from 12pm till 3.30pm

starters

soup of the day

see our chalkboard for fresh soup of the day R42

duck spring rolls

with vermicelli noodles, carrot, pineapple & spring onion served with a hoison dipping sauce R45

free-range chicken livers

free-range livers sautéed in cream with bacon & a hint of chilli served with grilled ciabatta R45

tender calamari strips

topped with Peppadews, fresh coriander, rocket, bean sprouts & honey-mustard & lemon dressing R46

gorgonzola & poached pear salad

with rocket, red onion, red-wine poached pears, toasted seeds & a honey & balsamic dressing R45

ploughman's

mature cheddar, homemade aubergine pickle, brie, olives, sundried tomatoes & sliced ciabatta R72

salads

crispy butternut & goat's cheese salad

with sundried tomatoes, pecorino shavings, toasted seeds & rocket with a honey-soy dressing R69

power salad

organic quinoa (gluten-free), sprouts, broccoli, feta, toasted seeds, rocket, baby spinach & mint dressing R72
add free-range cajun chicken R10

asian duck & noodle salad

with shredded duck breast, Chinese egg noodles, orange segments, red pepper, coriander, pickled ginger & mildly-spiced Asian dressing R84

sandwiches & wraps

café 'club' sandwich

free-range cajun chicken slices with Edam cheese, bacon, tomato, mixed lettuce & homemade wholegrain mustard mayonnaise R69

smoked-salmon sandwich

with chive cream cheese, cucumber strips & caperberries on wholewheat bread R75

our famous earl's all-day sandwich

two fried eggs, bacon, pork sausage & rocket on toasted ciabatta with a mildly spiced Asian sauce R64

health wrap

Danish feta, basil pesto, shredded carrots, mange tout, peppers & leaves served with a side salad R64

free-range chicken wrap

with jalepeno chillies, tomato relish, farmhouse cheddar, sour cream & shredded leaves served with a side salad R66

and more...

café burger

handmade pure beef patty with café Roux tomato relish, jus, cheddar OR gorgonzola & French fries R72

chicken & brie burger

free-range chicken breast with melting brie, caramelised onions & cranberry sauce served with French fries R76

pasta of the day

see our chalkboard for fresh pasta of the day R76

fresh fish of the day

see chalkboard for SASSI-approved fish of the day R79

tender calamari strips

with Peppadews, coriander, rocket, sprouts & honey-mustard & lemon dressing served with French fries R76

roasted tomato & mascarpone fettucine

with grilled mushrooms, fresh thyme & Parmesan R76

eggs Florentine

two soft-poached eggs on a courgette-and-potato rosti with wilted spinach & hollandaise sauce R59

see our chalkboard for daily specials

followed by...

chunky chocolate brownie

warm dark-chocolate brownie topped with ice cream, chocolate sauce & chocolate shavings R42

sticky cape malva pudding

warm sticky-toffee-style pudding topped with vanilla ice cream and hot butterscotch sauce R42

seasonal fruit & lemon curd pavlova

a lighter version of a meringue nest topped with lemon curd, ice cream & seasonal fruit R42

vanilla ice cream & bar one sauce

R38

selection of homemade cakes, scones, tarts

ask for our selection of cakes, baked in-house daily

** cafe roux is available for private functions in the evenings*

** 10% service charge for tables of six or more*

** subscribe to www.caferoux.co.za for upcoming events & parties*